

Good afternoon,

There are no residents in isolation.

In Winnipeg there are no new Covid 19 cases to report for Saturday May 30, 2020, the total in Manitoba is two hundred ninety four (294).

Another full day of calls and window visits. Beautiful out today with a gorgeous clear sky. Some residents were able to take advantage of it.

I'm sure everyone is getting very excited for Tuesday June 2nd to arrive, marking our first week of outdoor visits. Talking with many of the residents they too are looking forward the visits. I sat with a few of our residents in the front seating area, just chatting and looking out the window. I was helping one resident find words on her crossword puzzle and reminiscing about what a busy place it used to be with families coming and going. One resident welled up with tears. When I asked her why she was crying, she responded "oh...I'm not sure just feel a little down." I suspect it is the loneliness and longing to be hugged, to see family, to be back to normal. There are many times throughout the day that we are buzzing around the building and residents are sitting quietly watching the world go by. They watch as we come and go from the building going home to our lives, home to our families, home to our new normal. They patiently sit and wait. We are coming up on nearly three (3) months since our residents have felt a good hug from family. This has been a long journey for everyone. Hugs are a necessary part of living...for most people. The isolation and loneliness our residents have felt in this past couple of months are likely something that most of us could not comprehend or accept. Even for the most private residents, this isolation can be too much. Love matters the most to our residents. We have worked hard over this past while to fill the emptiness that our residents feel, but there is nothing like family. This week will likely be filled with joy, laughter, some happy tears and hopefully some really happy residents.

If you have any questions, comments or concerns please feel free to contact me or Alison at 204-257-9947.

Please visit the website below for updates:

<https://www.gov.mb.ca/covid19/>

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"Because when you stop and look around this life is pretty amazing" - author unknown

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