

Good evening,

No flu like symptoms to report for any residents. We continue with our respiratory outbreak with four (4) residents in isolation from common cold symptoms.

Recreation was busy with residents today connecting with families video conferencing. Please check out Facebook and Instagram and you might see a little message from you loved one! I'm happy that some of you sent pics and letters for your loved ones to be read and seen! Thank you so much!

Social distancing can be very challenging in an environment like ours. But I can assure you that the staff are doing their absolute best to maintain the appropriate distances with the exception of providing personal care. Our staff are very connected to your loved ones (our residents) and love them, it gets a little hard sometimes not giving hugs but we know that this is not forever.

We currently have seven (7) staff members off due to illness. All staff are required to contact WRHA OESH to report what symptoms they have and are then advised on whether or not they should have Covid 19 testing. We are not allowing any staff in our facility that have any cold or flu like symptoms.

We now know that the virus has spread to community as a result of this we have modified the procedures for staff entering our facility. Effective Thursday April 2, 2020, the door will remain locked at all times. The code has been changed and **WILL NOT** be shared with anyone other than the "Nurse In Charge" on shift and the Business Office. **NOT ONE SINGLE PERSON CAN ENTER THE FACILITY UNTIL THEY HAVE ANSWERED THE FOLLOWING QUESTIONS AND HAVE BEEN FOUND AND ASSESSED BY THE "NURSE IN CHARGE" TO BE IN GOOD HEALTH:**

1. Do you have a fever greater than 38 degrees Celsius (temperature will be taken by Nurse In Charge and documented with date and time)
2. Do you have a "New" onset of (or exacerbation of chronic) cough?
3. Are you experiencing shortness of breath?
4. Do you have a difficulty breathing?
5. Do you have a sore throat?
6. Do you have a runny nose?

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7. Have you had any headaches in recent days?
8. Are you suffering from malaise (in general feeling like you are getting a cold)?
9. Have you returned from travel outside of Manitoba (not including border community or cottage or those with an exemption from self-isolation through Occupational Health)?
10. Have you had close contact (within 2 metres/6 feet) with a confirmed case of COVID-19, while not wearing recommended PPE and/or not practicing social distancing?
11. Have you been in attendance at any large group setting where someone has been confirmed to have COVID-19 and you were notified by Public Health?
12. Have you had laboratory exposure working directly with biological specimens that contain COVID-19?
13. Do you live with or have you had close contact (within 2 metres/6 feet) with someone who is ill with fever and/ or cough and influenza like symptoms, while not practicing social distancing at home?

We have also put further restrictions in place effective immediately we will only have one physician attending the facility and only in the most extreme instant as visits will be conducted with residents utilizing facetime and/or phone in conjunction with the "Nurse In Charge."

Today marked twenty-four (24) confirmed Covid 19 cases. Unfortunately the numbers continue to rise. Please remember everyone, stay home if you can. If you must go out, please practice social distancing at all times. Wash your hands. Keep two metres from other people. Stay safe.

We are doing absolutely everything we can to stop this virus from entering our facility. Our only focus every single day is to care for your loved ones and keep them safe.

We thank you for your continued support, positive comments and prayers~

If you have any questions, comments or concerns please feel free to contact me directly, Alison or our Business Office 204-257-9947.

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Please visit the website below for updates:

<https://www.gov.mb.ca/covid19/>

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"Because when you stop and look around this life is pretty amazing" - author unknown

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