Hi Everyone,

No flu like symptoms to report for any residents. We continue with our respiratory outbreak with a few residents in isolation from cold symptoms.

Government has modified the travel isolation to include between provinces in Canada. This has caused a little more disruption within our staff schedules as we had some staff that were out of province finishing up holidays. Effective immediately staff that were in other provinces are now in 14 self-isolation. Makes it even trickier to fill all our shifts but so far we are managing.

Thank you to families that have dropped off goodies for staff. It is a wonderful gesture to show appreciation and staff really love it! It helps break the day up a bit plus we stretch out the treats/tea/coffee/goodies to all shifts.

Well into our 2nd week with no visitors and I will confirm to everyone it is a very different environment for all of us with absolutely no visitors or contractors coming and going! It's very quiet and we definitely feel like we want to open up windows and doors! This is hard on everyone, we know it can be pretty emotional for so many of you that are accustomed to connecting with your loved one daily. Let us know if there is <u>anything</u> else that we can do to facilitate a connection with your loved one! Not being able to see family on both sides for you and for our residents takes a toll on our hearts. We all hope this will pass soon.

We are currently looking for any donations of Ipad's. If anyone has an old Ipad that they no longer using and would like to donate to the lodge please contact our business office at 204-257-9947 or respond to this email. Ipad's can be used for video calls to families and later repurposed to the Recreation Program!

As I have said before, things change hourly with updates. We will be discontinuing the laundry drop off and pick up that families are currently doing. This has been deemed too high a risk with the virus living for an surfaces and materials for extended periods of time. All PCH's in the city are not allowing any drop off and pickups of laundry. Effective immediately everything will be laundered in our facility by our Housekeeping staff. If there are items that you do not want laundered please send an email to elise.land@goldenlinks.mb.ca to advise.

Our recreation program has started a new small group for bible study/scripture reading led by Mike our new Activity Worker. This is really exciting for the lodge as we believe this is a really important program for many of our residents. It's also very timely given the current circumstance that we find ourselves in.

We continued with video calls today as well as small activities, movies in the friendship room and one to one. We have set up a table and chairs outside the window for families wishing to see your loved one. Residents can utilize the cordless phone and talk to you! Let Carolyn know if you would like to set that up at carolyn.hysop@goldenlinks.mb.ca

We have done a little work to our website so that you can navigate through and find most of what we are sending out to families each day...feel free to take a peak! www.goldenlinks.mb.ca you will find updates under "Latest News" "Newsletter & Events" and "Links"

Also remember to visit our Facebook and Instagram pages, see below!

Thank you all for your continued support, thoughtful messages (that I print daily and put in a binder accessible to all staff) and understanding during this bump in our road!

Please feel free to visit the website below for current updates;

https://www.gov.mb.ca/covid19/

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"Because when you stop and look around this life is pretty amazing" – author unknown

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