

Good evening,

It's hard to believe that we are coming to the end of week three (3) of our lock down. I am happy to report there are no flu like symptoms for any residents. We continue with our respiratory outbreak with four (4) residents in isolation due to common cold symptoms. Happy to report that the isolation of residents remains only on the main floor. This tells us that separating the two floors and modifying the dining areas has slowed the spread of the common cold. We are hopeful that our outbreak will be over very soon.

We've had a few staff call in sick today. All staff have been directed to contact OESH immediately for screening. Those same staff will not be allowed back into the work environment until they have received clearance from OESH. To date we have had zero staff test positive for Covid 19 and we pray that it remains at zero.

Residents had a quiet day today. We continued with facetime calls and some one to one activity. We are truly working very hard maintaining the six (6) foot space between residents and between staff. We have been working hard at sharing photo's on Facebook and Instagram with messages from your loved ones. It's also a fun activity for our residents. Residents are restless but Recreation is committed to keep as much normalcy as possible with each passing day.

We have had a lot of family come to the facility to say hello through the window! Depending on your loved ones hearing and vision some can hear each other through the window to have a little chat. The face to face at the window gives both family and resident some peace.

There are many changes and restrictions upon us now. Manitoba Health, WRHA and Government of Canada have modified the use of PPE within our facility. Effective immediately all health-care workers in Manitoba who work in facilities and are in contact with residents during the course of their shift must wear personal protective equipment (PPE). This includes a procedure mask, eye protection, a gown and gloves. This change will most certainly cause some obstacles daily. Having all our staff walking around in full PPE especially around residents with Dementia is going to be quite difficult. But we need to comply with the restrictions that are put forth. This restriction will also put a severe strain on our supplies. The WRHA has assured us that they will provide the PPE that we require. They have also encouraged us to source supplies from other

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suppliers. We have worked to maintain a calm and positive environment, so we are not stressing our residents. This will be a little more complicated with everyone walking around in full PPE. We will do the absolute best we can, and we continue to remind staff we are doing this for the health and safety of our residents.

Our front lobby (between the doors) has become the screening point for staff entering the building. Staff are required to form a line when entering the facility with 6 foot spacing where they will be assessed by a nurse prior to starting their shift. We are adhering to this process to ensure all staff entering are safe to be around residents.

We have decided that whenever possible residents will remain at the entry way of their room rather than moving about the facility. This is not optimal for anyone but given the current situation we feel that we need to implement this. Obviously, this will not work with all residents but for the ones that can remain in the entry way it will be enforced.

We have implemented another change today with care for our residents. We will not allow staff to rotate and work with several residents. Instead staff will work with the same residents all the time. This will not be easy while staff are taking breaks and lunches but again this is another step in trying to eliminate the number of staff that have contact with each resident.

The province announced the highest jump in Covid 19 cases today reporting forty (40) confirmed bringing Manitoba's total confirmed cases to one hundred fifty-two (152). We have now seen our first cases in two (2) PCH's in Manitoba. Betel Personal Care Home and Riverview Palliative Long-Term Care have both confirmed that health-care workers have tested positive for Covid 19.

Remember everyone, stay home if you can. If you must go out, please always practice social distancing. Wash your hands. Keep two metres from other people. Stay safe. If you have to go out either wear a home-made cloth mask or if you have a mask put it on.

We thank you for your continued support, positive comments and prayers~

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If you have any questions, comments or concerns please feel free to contact me directly, Alison or our Business Office 204-257-9947.

Please visit the website below for updates:

<https://www.gov.mb.ca/covid19/>

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"Because when you stop and look around this life is pretty amazing" - author unknown

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