## Good evening,

I hope this email receives you all well.

If there is specific information that you would like me to include in these updates please let me know. I am trying to give you all a picture with detail of what is going on in the home as none of you are able to be here. I am open to any suggestions of information sharing that you may have!

We have entered into our third (3<sup>rd</sup>) week of lock down. No flu like symptoms to report for any residents today. We continue with our respiratory outbreak with four (4) residents in isolation from cold symptoms. We had a busy weekend at the lodge with sick calls from staff totaling ten (10) which is a very high number. Over the weekend we increased residents on isolation to ten (10) but as of Monday morning we have reduced to four (4) residents in isolation. So thankful for our committed staff and their constant use of top notch infection control practices our numbers dropped just as quickly as they rose. If nothing else, this serves as a stark reminder to all how quickly changes in health can occur with our residents.

As I was writing my message today, residents were gathering for dinner. So, I decided to take pictures of your loved ones dining, I'm not a great photographer (sorry). I share these with you all not for judgement but for you to see for yourself the dining experience. The photos have been taken in the dining room, main floor halls, main floor sunroom, second floor staff room, second floor hall, second floor sitting area, second floor bistro. On today's menu residents dined on breaded cod tails (or roast pork), tartar sauce, french fries, celery creole, green beans, and raspberry parfait! While I took the photos I was chatting with a few of the residents...they miss you, they really miss you! They understand why we are doing this....but they miss you all very much! They miss the activity in our facility. They miss your hugs, your companionship and the normalcy of everyday life. I asked Mr. (resident) if the cod tasted like it came from the East Coast...he said "it wasn't bad at all!" After dinner Mr. (resident) approached me to tell me that he thought we were doing "a fine job given the situation!" Encouraging words for sure!

I also checked in with several of our staff...they are tired, scared, still very optimistic, a little emotional (tears come very easy for everyone right now including our residents) but so committed to getting thru this all! It is most definitely one of the hardest times our facility will likely ever experience.

Thank you thank you thank you!!!! We are so incredibly thankful to one of our family members who has graciously donated a much needed lpad to our facility. This will assist our Recreation staff with video/facetime calls to families making it so much easier for our resident to see you while you chat!

It goes without saying that not having family, companions, volunteers, students, etc. visiting our facility everyday increases the workload immensely for our staff. Separating our dining experiences on the first and second floors has eliminated the transporting of residents which takes a lot of time not to mention the fact that transporting does not honor the 6 ft. distance. The unfortunate part of separating the dining is our residents on the second (2<sup>nd</sup>) floor do not have the opportunity to sit in the dining room and watch the world outside. Separating the dining is also tricky as it separates all our staff so the need to communicate effectively is critical.

Carolyn and Mike are both working hard at keeping our residents engaged and active. We are really keeping the residents on the main floor and second floor separated right now given the current outbreak. We are thankful that we have two Recreation folks right now but it still gets very challenging. One of our long standing church services has over live streaming for our residents! We are thrilled to be able to offer this to residents on both the floors so we are working on the logistics of this.

Today, the province announced a new public health order, set to come into effect on April 1, which will require non-critical businesses to close until April 14, 2020. The province has also announced 24 new cases of COVID-19 in Manitoba, bringing the total number of lab-confirmed positive and probable positive cases to ninety-six (96).

Remember everyone, stay home if you can. If you must go out, please practice social distancing at all times. Wash your hands. Keep two metres from other people. Stay safe.

If you have any questions, comments or concerns please feel free to contact me directly, Alison or our Business Office 204-257-9947.

Please visit the website below for updates:

https://www.gov.mb.ca/covid19/

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*Marcy-Lynn Larner* Chief Executive Officer

GOLDEN LINKS LODGE 2280 St. Mary's Road Winnipeg, MB. R2N 3Z6 <u>Marcy-Lynn.Larner@goldenlinks.mb.ca</u> www.goldenlinks.mb.ca

Phone 204-257-9947 (Ext. 225) Cell 204-232-2801

## "Because when you stop and look around this life is pretty amazing" - author unknown

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